

# Coaching for Physicians

## Permission to release information to employer or other third-parties

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If you are paying for your own coaching, the information you share with me will remain strictly confidential unless (1) you give specific permission to release the information or (2) I am required to release the information by law.

Exceptions to confidentiality include information about intent to seriously harm an Individual, child abuse, and elder abuse. Be aware that privilege may not apply to coaching; in other words, coaching records may be able to be subpoenaed. Some means of communication, such as wireless telephones, text messaging and e-mail, may not be secure from eavesdropping, so if you agree to their use you are indicating your agreement to utilize a communication medium that may not be confidential.

**If someone else, such as your employer or another organization, is paying Coaching for Physicians or has an interest in our coaching, then I often need to provide them with information about our coaching sessions.**

This form is to make you aware of this and get your permission to provide these materials, including your DiSC profile with your employer.

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This release confirms that I give Patrick Hudson permission to talk with my employer about issues concerned with my coaching and to provide copies of my coaching record and other relevant materials as needed.

**My employer, or the third party, I give permission to release information to is:**

signed:

name (block capitals):

date:

witness:

Thank you for your interest in Coaching for Physicians' programs for physicians and surgeons. Dr. Patrick Hudson is a surgeon and board certified coach helping physicians develop the skills they need to succeed in modern medicine. Dr. Hudson has worked as a physician for over 35 years, both as a psychotherapist and a surgeon, but now limits his practice to coaching and consulting for individuals and organizations. Dr. Hudson is a Fellow of the American College of Surgeons and a Fellow of the National Anger Management Association. He is also a Board Certified Plastic Surgeon and a Board Certified Coach. In addition to his medical degrees, Dr. Hudson has advanced degrees in mental health counseling, medical ethics and liberal arts. Originally from England, Dr. Hudson lives in Santa Fe, NM and has clients throughout the United States. His background, expertise and services are unique and we believe you will not find the equivalent elsewhere in the United States.

Dr. Hudson offers coaching and not psychotherapy. In many cases coaching can be successful with individuals that have some degree of mental illness. However, if Dr. Hudson feels that an individual cannot benefit from coaching and needs psychiatric help he may discontinue coaching and recommend referral. If you decide that one-on-one physician intervention will be valuable we will do our utmost to help you but given the individual nature of this work, no guarantees are given.

All clients need a DiSC evaluation. Other assessments or evaluations, including EQ and/or 360s, are requested as needed and billed to the client (additional costs may be incurred). An anger workbook may also be required.

It is very unlikely that a lifetime pattern of poor communication, anger or poor emotional intelligence skills will change quickly. Therefore several sessions are recommended and the average physician has between 10 and 20 sessions.